

# A concise review on hypophosphatasia with case report

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## Abstract

Hypophosphatasia (HPP) is an inherited dento-osseous metabolic disease characterized by inactivating mutations in the gene encoding the tissue-nonspecific isoenzyme of alkaline phosphatase (TNSALP) which lead to a deficiency in TNSALP enzymatic activity. Low TNSALP activity results in increased levels of 3 known phosphocompound substrates: inorganic pyrophosphate (PPi), pyridoxal 5'-phosphate (PLP; the major circulating form of vitamin B6), and phosphoethanolamine (PEA). We discussed a systematic review with novel approach and a case report in which patient had multiple jaw reconstructive surgeries and early tooth loss in his childhood age but remained undiagnosed till his 60s. It should raise awareness among health care providers regarding low TNSALP and performing thorough etiological investigations which can ensure optimal clinical care and decision making for their patients by preventing complications like chondrocalcinosis, arthritis, early tooth loss, pseudo/complete fractures and pseudogout among the patients diagnosed with HPP even later in their life.

**Keywords:** Hypophosphatasia; Inorganic Pyrophosphate; Pyridoxal 5'-Phosphate; Phosphoethanolamine; Tissue-Nonspecific Isoenzyme of Alkaline Phosphatase.

## 1. Introduction

Dr. Rathbun in 1946 introduced an inherited dento-osseous metabolic disease characterized by inactivating mutations in the gene encoding the tissue-nonspecific isoenzyme of alkaline phosphatase (TNSALP) which lead to a deficiency in TNSALP enzymatic activity—the primary biochemical defect in Hypophosphatasia (HPP) (Mumm et al 2001). HPP is classified into five major categories depending upon the age at diagnosis: perinatal, infantile, childhood, adult and odonto forms (Table 1). Moreover, the perinatal form was further divided into two types, lethal and benign. The symptoms are highly variable in their clinical expression, which ranges from stillbirth without mineralized bone to early loss of tooth without bone symptoms. However, these clinical subtypes often overlap, for instance infantile and childhood hypophosphatasia share some clinical symptoms; and patients with adult hypophosphatasia often had some clinical symptoms already in childhood. The clinical severity is correlated inversely with age of onset of the skeletal disease and with the circulating age-appropriate levels of TNSALP activity; and directly with plasma pyridoxal 5'-phosphate (PLP) concentrations (Whyte et al 2001).

## 2. Incidence/prevalence

Severe HPP has an estimated incidence of 1:100,000 in Toronto, Canada (Fraser 1957) and an estimated prevalence of 1:300,000 in Europe/France (Mornet et al 2011). HPP is especially highly prevalent in the Mennonite population in Manitoba, Canada, owing to a particular founder mutation estimated to have a carrier frequency of 1:25 resulting in a predicted frequency of homozygous affected newborns of 1:2500 manifesting severe disease (Leung et al 2013). About one out of every 200 individuals in the United States may be a “carrier” for HPP. HPP primarily occurs in Caucasians but has been observed in Japanese, Hispanic, and Native American populations; though very rare among the African-American population (Mornet 2016).

## 3. Classification

**Table 1:** Classification of Hypophosphatasia

Features	Perinatal Onset	Infantile Onset	Childhood Onset	Adult Onset	Odontohypophosphatasia
Age at onset	In utero (lethal) At birth (benign)	< 6 months of age	6 months to 18 years of age	≥ 18 years of age	Variable age presentation
Clinical signs/symptoms	Apnea	Craniosynostosis	Chronic muscle/bone pain	Abnormal dentition	Loss of alveolar bone
	Fractures	Failure to thrive	Hypomineralization	Adult tooth loss	Exfoliation (incisors)
	Hypomineralized bones	Fractures	Low bone mineral density	Chondrocalcinosis	Reduced thickness of the dentin
	Long Bone deformity	Hypercalcemia/ Hypercalciuria	Missed/Delayed motor milestones	Chronic muscle/bone pain	Enlarged pulp chambers of teeth
	Osteochondral spurs	Hypomineralization	Muscle weakness	Hypomineralization	Dental caries
	Poorly ossified epiphyses	Hypotonia	Poorly healing or re-	Osteoarthropathy	
Radiolucencies into metaphyses	Nephrocalcinosis		Osteomalacia		
	Poor feeding		Pseudofractures/Fractures		
			Pseudogout		

	Severe chest deformity Stillbirth Vitamin B6 responsive seizures Caput membranaceum Shortened limbs Rachitic deformities	Poor weight gain Premature deciduous tooth loss Pulmonary insufficiency Rickets Vitamin B6 responsive seizures	current fractures Premature tooth loss Rachitic deformity Short stature Skeletal deformity Brachycephalic skull Dolichocephalic skull Enlarged joints Delayed walking Waddling Gait AR (frequent)/AD (rare)	Myopathy Arthropathy Calcific arthritis, spine ligaments Calcific Periarthritis Poorly healing or recurrent fractures	
Mode of inheritance	AR or AD	AR	AR (frequent)/AD (rare)	AR or AD	AR or AD
Prognosis and Level of severity	Most severe form; almost always lethal. 25% chances of recurrence in future pregnancies.	Severe form; Approximately 50% of affected infants die. Others spontaneously recover and graded as benign perinatal HPP.	Moderate form; seems to improve spontaneously when growth plates fuse in young adult life, but recurrence of symptoms and complications later is possible.	Moderate form; believed to have normal lifespan. Roughly half of them require assistive devices (eg, wheelchair, walking device); and many need to modify their home environment.	Least lethal form; believed to have normal lifespan.
Differential Diagnosis	Osteogenesis imperfecta Achondrogenesis	Rickets	Chronic Recurrent Multifocal Osteomyelitis Rickets Malignancy	Osteomalacia	

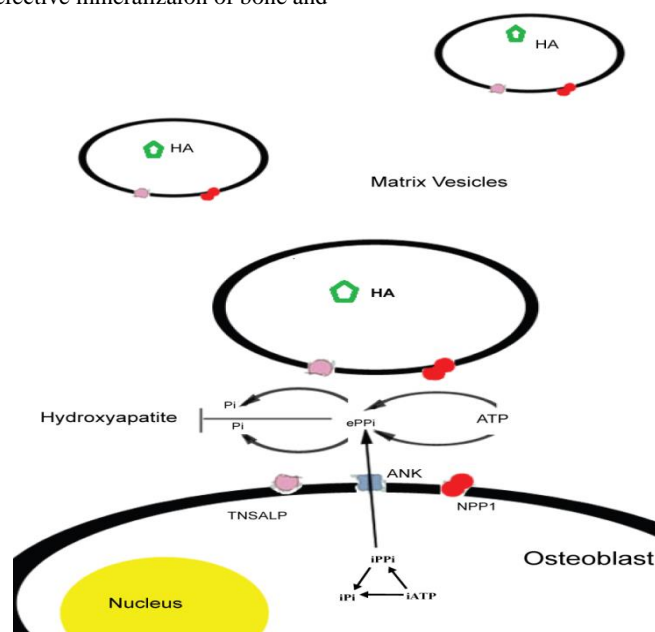
#### 4. Etiopathogenesis

In the healthy human skeleton, TNSALP functions as an ectoenzyme anchored to the outer surface of specialized buds of osteoblast and chondrocyte plasma membranes called matrix vesicles, the structures within which hydroxyapatite crystals formed first (Anderson 1997). Here, inorganic pyrophosphate (PPi) pumped extracellularly by the membrane channel protein ANK or produced extracellularly by nucleoside triphosphate pyrophosphatase (NTP-PPi-ase or PC-1) which is then hydrolyzed by TNSALP (Ho et al 2000). This reaction removes the potent inhibitor of hydroxyapatite crystal nucleation and growth called PPi; and produces inorganic monophosphate ions (Pi) that perhaps promotes bone mineralization (Anderson et al 2004) [Figure 1].

In HPP, though hydroxyapatite crystals nucleate within matrix vesicles (primary mineralization), but excess extracellular PPi hinders hydroxyapatite crystal growth and proliferation (secondary mineralization) which leads to defective mineralization of bone and

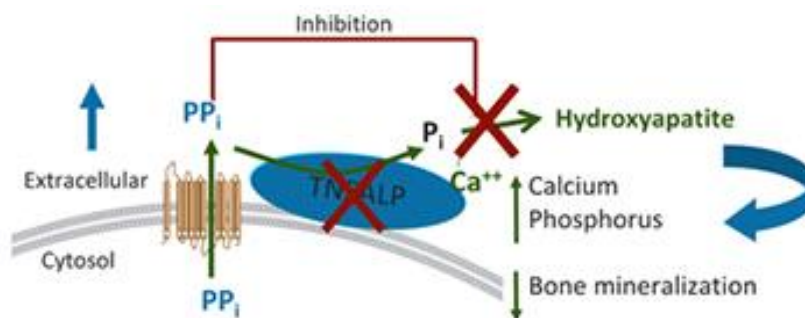
cementum resulting in rickets and osteomalacia (Anderson 1997, Anderson et al 2004). It shows that normal primary mineralization of bone structural units occurs but defective maturation component results in an impaired secondary mineralization among patient with HPP [Figure 2].

The human ALP isoenzyme family is encoded by 4 separate genes. Three of the genes each encode a single ALP isoenzyme specific to the intestines, placenta, and germ cells, respectively. The fourth gene, TNSALP, encodes an ALP isoenzyme that is expressed ubiquitously; the highest levels of expression occur in the liver, bone, and kidney. Differences in catalytic activity of liver, kidney, and bone TNSALP result from varying posttranslational glycosylation modifications (Buchet et al 2013). Low TNSALP activity results in increased levels of 3 known phosphocompound substrates: inorganic pyrophosphate (PPi), pyridoxal 5'-phosphate (PLP; the major circulating form of vitamin B6), and phosphoethanolamine (PEA) [Figure 3].



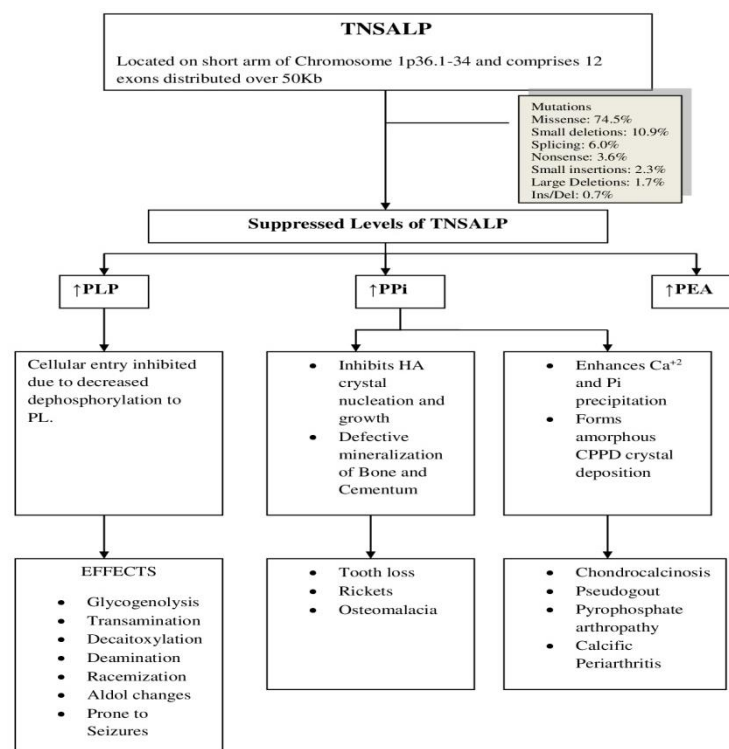
**Fig. 1:** Diagrammatic Presentation of TNSALP Hydrolyzing PPi to Pi and Promoting Hydroxyapatite Crystal Nucleation and Growth and Hence Bone Mineralization.

(TNSALP: Tissue-nonspecific isoenzyme of alkaline phosphatase; HA: Hydroxyapatite; ANK: Ankyrin; PPi: Inorganic pyrophosphate; Pi: Inorganic phosphate; NPP-1: nucleoside triphosphate pyrophosphatase-1; ATP: Adenosine triphosphate)



**Fig. 2:** Low TNSALP Leads to Extracellular Accumulation of  $PP_i$  and Defective Mineralization of Bone and Cementum Resulting in Rickets and Osteomalacia

(TNSALP: Tissue-nonspecific isoenzyme of alkaline phosphatase;  $PP_i$ : Inorganic pyrophosphate;  $P_i$ : Inorganic phosphate;  $Ca^{2+}$ : Calcium)



**Fig. 3:** Schematic Presentation of Etiopathogenesis of Hypophosphatasia

(TNSALP: Tissue-nonspecific isoenzyme of alkaline phosphatase, PLP: pyridoxal 5'-phosphate,  $PP_i$ : Inorganic pyrophosphate, PEA: phosphoethanolamine, PL: Pyridoxial, HA: Hydroxyapatite, CPPD: Calcium pyrophosphate crystal deposition)

## 5. Genetic mutations

To date, around 317 mutations have been recorded in the TNSALP Gene Mutations Database (Mornet 2016). However, HPP with its subcategories carries a complex mode of inheritance with variable phenotypic expressions.

### 5.1 Mode of inheritance

Severe forms of HPP, primarily perinatal and infantile, are inherited in an autosomal recessive manner. Moderate forms (mHPP), primarily prenatal benign, childhood, adult, and odontohypophosphatasia, mostly result from heterozygosity of dominant severe alleles; severe and moderate alleles; or from two moderate alleles (Fauvert et al 2009). These moderate alleles were defined on the basis of clinical status and/or transfection studies. When tested in vitro, moderate alleles produce significant residual alkaline phosphatase activity; while severe alleles do not usually have enzymatic activity (Collmann et al 2009, Reibel et al 2103).

### 5.2. Risk of transmission

The risk of recurrence of severe forms is 25%. In moderate forms, it may be 25% (recessive transmission), 50% (dominant transmission) or still different (less than 50%) due to the variable expressivity of dominant forms. The mutations detected in dominant forms which are responsible for moderate HPP can be found in severe recessive HPP in association with other mutations (Herasse et al 2003).

### 5.3. Variable phenotypic and genotypic expressions

Interestingly, phenotypic expression of HPP is quite variable and does not clearly correlate with genotype, even within a given family of patients. In a few cases, however, patients with alleles classified as moderate exhibited a severe phenotype, probably because in vitro studies did not reflect the effect of these mutations; the effect of polymorphisms in ALPL; or other genes contributing to the regulation of bone metabolism (Sogabe et al 2008). Moreover, parents of patients affected with benign prenatal HPP express only very mild symptoms (mostly premature loss of teeth) or even, may be completely unaffected. This is also the case of

families with mild HPP due to dominant missense mutations. So, dominance is sometimes difficult to demonstrate by using familial analysis, since expression of the disease may be highly variable, with parents of even severely affected children showing no or extremely mild symptoms of the disease (Pauli et al 1999). This may be attributable both to the progressive improvement of affected patients from infancy to adulthood, and to epigenetic factors involved in the disease variability (Lepe et al 1997).

#### 5.4. Improvement with age

It is possible that in particular stages of development, ALP requirements are beyond the capacity of the heterozygous cell and results in HPP symptoms. Later on, ALP requirements may be decreased and filled by the heterozygous cell explaining the improvement among adult patients. Secondly, the maternal ALP plays a role via fetal-maternal exchanges, as suggested by the prenatal benign form that seems to be observed only when the mutation is inherited from the mother (Pauli et al 1999).

#### 5.5. Localization of mutations

By using immunofluorescence and biochemical treatments, various mutations were characterized for their cell localization and degradation. These studies showed that most of the missense mutations found in severe HPP produced a mutant protein that failed to reach the cell membrane, remains accumulated in the cis-gogli and subsequently get degraded in the proteasome. Contrarily, the missense mutations responsible for mild HPP were found to be localized to the cell membrane. The severe missense mutations were shown to mostly affect residues localized in crucial domains of the protein; while mutations found in mild forms affect residues more randomly dispatched on the protein molecule (Brun-Heath et al 2007).

### 6. Diagnosis

A detailed history including age of onset, extent of symptoms, family history, and dental records; and thorough physical and dental examination were recorded. Blood, urine and radiographs were further ordered to confirm the diagnosis (Table 2) and rule out the differential diagnosis (Table 3). Careful attention must be paid to age- and gender-adjusted ALP reference ranges for accurate diagnosis of HPP. Furthermore, there is often a focus upon elevated ALP for the diagnosis of rickets/osteomalacia, rather than low ALP levels. Serum ALP activity is considerably higher in healthy infants, children, and adolescents compared with adults owing to an abundance of TNSALP in developing bone (Mornet 2016).

Various other parameters can be used in doubtful cases by measuring serum osteocalcin and urinary NTX levels using fasting, morning, second-void collections to monitor bone remodelling. Iliac crest biopsy specimens, obtained after tetracycline labeling, can be considered to demonstrate and quantify healing of osteomalacia in adult patients with HPP.

**Table 2:** List of Diagnostic Tests Used for Hypophosphatasia

Blood Tests	Levels
Serum Total Alkaline phosphatase*	Suppressed
Urinary Inorganic Pyrophosphate (PPi)	Increased
Plasma Pyridoxal 5'-Phosphate (PLP)	Increased
Urinary and Serum Phosphoethanolamine (PEA)	Increased
Histological findings/Dentition	Excessive width of predentin, increased amounts of interglobular dentin, impaired calcification of cementum and enlarged pulp chambers suggesting retarded dentinogenesis. Increased osteoid volume and osteoid surface consistent with pathologic enrichment of nonmineralized osteoid; extracellular accumulation of PPi; ALP activity correlates inversely with the degree of osteoid accumulation
Histological findings/Bone biopsy	
Serum concentration of calcium, ionized calcium, and inorganic phosphate	normal or elevated
Serum concentration of vitamin D (25-hydroxy and 1,25-dihydroxy) and parathyroid hormone (nPTH)	normal or elevated
Radiographs	Perinatal: Near absent skeletal mineralization; severe bone abnormalities Infantile and Childhood: Deficient skeletal mineralization, Fractures in different phases of healing, Radiolucent tongues in the metaphyses, "Copper beaten" patterns or cloudy structures imprinted in the skull, Partial thickening of long bones and/or local swelling of bones from underlying inflammatory bone edema Adult: Osteomalacia with lateral pseudofractures (looser's zone, Milkman Fractures); Chondrocalcinosis; Metatarsal stress fractures; Bilateral femoral pseudofractures Odonto: Normal except for low bone mineral density in the jaw
Bone Scan	An increased radionuclide uptake in the anterior cortex of the distal tibia interpreted as "stress periostitis" in cases of negative radiographs.
Molecular Biology	Indications: Biochemical and clinical data are not clear enough To offer genetic counseling To offer molecular prenatal diagnosis to families affected by severe forms of the disease.

\*Age- and gender-specific reference ranges

**Table 3:** List of Differential Diagnosis of Hypophosphatasia

Conditions associated with suppressed levels of TNSALP			
Cardiac bypass surgery	Improperly collected blood (oxalate, EDTA)	Osteogenesis imperfecta, type II	Pernicious or profound anemia
Celiac disease	Multiple myeloma	Hypothyroidism	Vitamin D intoxication
Clofibrate therapy	Radioactive heavy metals poisoning	Wilson's disease	Vitamin C deficiency
Cushing's syndrome	Milk-Alkali syndrome	Inappropriate reference range	Starvation
Chemotherapy	Zn <sup>2+</sup> or Mg <sup>2+</sup> deficiency	Early pregnancy	Massive transfusion

## 7. Management

### 7.1. Wholesome approach

There is no curative treatment of hypophosphatasia, but a multi-disciplinary approach is required by endocrinologists, neurologists, orthopaedic surgeons, rheumatologists, pain management experts, dentist, nephrologists, geneticists, physical therapist and perhaps occupational therapists. Disease management is mainly directed toward the prevention or correction of disease-related complications. People with HPP benefit from a healthy lifestyle that includes safe exercise and avoiding smoking, excessive alcohol, high caffeine consumption and steroid medications which will reduce bone density. Maintaining a healthy weight and avoiding activities with significant physical stress (e.g., martial arts, football, basketball) reduces stress on fragile bones. Family screening, genetic counseling, and prenatal diagnosis are other essential components of management plan.

### 7.2. Role of vitamin, mineral supplements and bisphosphonate

Vitamin D and mineral supplements should be avoided, unless deficiencies are documented, because circulating levels of calcium, Pi, and the vitamin D metabolites are typically not low. In infantile HPP, excessive vitamin D or mineral supplementation could provoke or exacerbate the hypercalciuria and hypercalcemia. Progressive skeletal demineralization may follow, but is probably due to the HPP per se if serum levels of calcium and Pi do not become low. On the other hand, restriction of vitamin D intake or sunshine exposure should be avoided, because superimposed vitamin D-deficiency rickets has occurred in HPP. Although a significant number of HPP patients does indeed present with low levels of active vitamin D3. If a supplementation is considered, it must be administered under close monitoring, because Vitamin D can increase serum calcium levels and thus the risk of a nephrocalcinosis. Symptoms from CPPD or calcium phosphate crystal deposition in regard to pain and secondary metabolic inflammation resulting from the disease were shown to significantly improve with non-steroidal anti-inflammatory medication (Girschick et al 1999). Bisphosphonates should be avoided because they are analogs of PPi, lower bone turnover, and can inhibit ALPs by binding Zn<sup>2+</sup> and Mg<sup>2+</sup>.

### 7.3. Orthopaedic management

Pseudofractures may progress to complete fractures even after conservative treatments (with casts, braces or protected weight bearing). Prophylactic intervention should be performed before any progression. Even prolonged immobility can further weaken bones and lead to muscle loss, weakness and more fractures. Intramedullary nail fixation (“rodding”) is recommended for all pseudofractures even if asymptomatic (Coe et al 1986) due to their load sharing properties. Osteotomy and bone grafting may be necessary to facilitate nail insertion and prevent subsequent failure caused by delayed union, non-union or bone deformity (Leung et al 2008). Ankle-foot orthoses may be useful for recurrent metatarsal stress fractures.

### 7.4. Neurological management

Severely affected infants and young children with HPP should be followed carefully to detect neurological complications, such as increased intracranial pressure, from either “functional” or “true” craniosynostosis. Functional craniosynostosis can occur despite the radiographic illusion of widely open fontanelles, and may require neurosurgical intervention. Frequent monitoring of head circumference and inspection of the optic discs should be undertaken.

### 7.5. Dental management

HPP can manifest as a severely compromised dentition impairing speech and nutrition, and therefore preservation of teeth in position or use of complete or partial dentures may be necessary. Expert dental care is highly recommended for those individuals with dental abnormalities.

### 7.6. Placental ALP

Intravenous injection of purified placental ALP was used to correct hypophosphatasemia in a severely affected infant under the view that plasma and urine PPi decrease after placental ALP correction of the hypophosphatasia among pregnant carriers of HPP. However, no clinical or radiographic improvement was found and these negative results suggested the greater tissue need for ALP, or it must be bound to plasma membranes for therapeutic efficacy (Whyte et al 1995).

### 7.7. Teriparatide

Whyte et al (2007) demonstrated the effect of teriparatide (a recombinant human parathyroid hormone; TPTD) given to the first HPP patient and found fracture repair accompanying correction of hypophosphatasemia and hyperphosphatemia; and bone marker responses indicating enhanced skeletal remodeling. Increased TNSALP synthesis in bone together with lowered extracellular concentrations of inorganic phosphate (a competitive inhibitor of ALPs) seemed to improve the skeletal mineralization. However, serum PLP level remained unchanged in keeping with TPTD effect directly on the skeleton; because deficient TNSALP activity in the liver continued to account for her elevated circulating PLP levels (Whyte 2002). Secondly, correction of hyperphosphatemia occurred during TPTD therapy results from its phosphaturic effect and/or from enhanced skeletal uptake of Pi during healing of presumed osteomalacia. Hence, lowering circulating (extracellular) Pi concentrations (vis-a-vis TPTD) enhanced endogenous TNSALP activity (Wenkert et al 2002).

However, TPTD responsiveness may differ considerably among patients with HPP. TPTD may prove most beneficial for dominantly inherited, mild forms of HPP, because wild-type TNSALP expression could be up-regulated. TPTD might be appropriate for patients with HPP with autosomal-recessive disease only if their TNSALP mutations do not abrogate enzymatic activity, prevent localization of the TNSALP dimer to matrix vesicles, or destroy its stability there. TPTD is currently contraindicated for pediatric patients because of concern for osteosarcoma developing within growth plates (Neer et al 2001).

### 7.8. Enzyme replacement therapy

ENB-0040 (asfotasealfa) is an investigational, recombinant, fusion protein administered subcutaneously 3–6 times per week comprises the TNSALP ectodomain, the constant region of the human IgG1 Fc domain, and a terminal deca-aspartate motif for bone targeting; restores the regulation of metabolic processes in the bones and teeth; and reduces complications of dysregulated bone mineral metabolism. Whyte et al (2016) reported 77% survival in infants who suffered convulsions and were treated with ENB as compared with a 100% mortality rate in a set of historical control infants who were not treated. For those presenting early in life, such treatment has been shown to reduce mortality during the first year of life from ~97% in perinatally presenting cases and close to 60% in cases presenting later in infancy to ~10% overall. Continuous ENB resulted in improvements in bone mineralization and respiratory outcomes, such that of the 76% of the children who required ventilatory support at baseline and survived, 75% could be weaned from this support. It is likely that it causes local hydrolysis of PPi from the bone surface which diminishes circulating levels of PLP and PPi; and allows hydroxyapatite crystal growth,

propagation, and skeletal mineralization to proceed. Anti-*asfotasealfa* antibody levels, when present, were low, and there was no evidence of resistance to this treatment.

### 7.9. Bone marrow transplantation

Donor bone fragments and marrow may be used to provide precursor cells to form TNSALP and replete osteoblasts that can improve bone mineralization (Cahill et al 2007). Initial engraftment with hematopoietic stem cells (HSCs) is done to avoid the potential problem of mesenchymal stem cell (MSC) rejection. After successful HSC engraftment and the establishment of tolerance, sequential introductions of bone fragments and osteoblasts/MSCs intravenously in the setting of mixed chimerism depending on the precise nature and severity of the disease is done; however it may take considerable time to arrest and reverse the pathological skeletal process (Bianco et al 2001).

### 7.10. Novel therapy via self-complementary adeno-associated virus (AAV8) vector

Nakamura-Takahashi et al (2016) experimented TNSALP-deficient (*Akp2<sup>-/-</sup>*) mice with an intravenous injection of a recombinant adeno-associated virus (rAAV) expressing bone-targeted TNSALP with deca-aspartates at the C-terminus (TNSALP-D10) driven by the tissue-nonspecific CAG promoter. They constructed a self-complementary type 8 AAV (scAAV8) vector that expresses TNSALP-D10 via the muscle creatine kinase (MCK) promoter (scAAV8-MCK-TNSALP-D10) and examined the efficacy of muscle-directed gene therapy to develop a safer and more clinically applicable transduction strategy for HPP gene therapy. When scAAV8-MCK-TNSALP-D10 was injected into the bilateral quadriceps of neonatal mice, they found that the treated mice grew well and survived with a healthy appearance and normal locomotion for more than 3 months. Radiographs showed improved bone architecture with limited elongation of the long bone. Micro-CT analysis showed hypomineralization and abnormal architecture of the trabecular bone in the epiphysis. Hence, they concluded that rAAV-mediated, muscle-specific expression of TNSALP-D10 represents a safe and practical option to treat the severe form of HPP.

## 8. Case history

A 61-year-old male with past medical history of type 2 diabetes mellitus and hypertension presented for a routine check-up at an outpatient clinic. An incidental finding of decreased TNSALP on blood chemistry raises a suspicion of underlying pathology. He reported that he had two stress fractures of the left tibia at a very young age (10 and 18 years old); and had long leg casting for his fractures due to delayed healing along with long term pain management. The patient denied any other history of previous significant trauma or infection. Secondly, he had multiple reconstructive jaw surgeries due to poor development of his jaw since birth (Figure 4). Additionally he had a history of poor oral hygiene and early loss of teeth for which he underwent root canal around eight times and apical twice. He denies reporting of any delayed crawling/walking, chest deformity, premature deciduous teeth loss, and joint pains. On examination, all his vitals are within normal limits; he weighs around 121 pounds and 5 feet 9 inches tall giving a BMI of 17.9. His TNSALP has remained chronically low in the range of 20-30 U/L, Dual Energy X Ray absorptiometry shows osteoporosis with T-score -3.8, and PLP is significantly elevated to 236ng/ml (2.1-21.7ng/ml). His other laboratory including liver functions, thyroid functions, vitamin D, serum calcium, serum phosphorus, serum protein electrophoresis, renal functions, lipid panel, vitamin C, and complete blood count were normal. Hence, a final diagnosis of adult HPP was made. Unfortunately, we weren't able to get genetic results due to his non willingness to give consent and high cost of the genetic analysis test. He has been man-

aged with strategies that improve the vital and functional prognosis; and maintain a high overall quality of care by ensuring his normal biochemical laboratory; encouraging healthy lifestyle; and regular dental appointments.



Fig. 4: Showing an Incision Line of Reconstructive Surgery Due to Poor Development of His Jaw since Birth

## 9. Case discussion

HPP is usually being diagnosed in infantile and childhood age. But in our case report, though a patient had multiple jaw reconstructive surgeries and early tooth loss in his childhood age but remained undiagnosed till his 60s. We suggest to screen for HPP by taking detailed history and ordering blood work in patients reported with low TNSALP. This can help in preventing various complications associated with HPP in elderly population including hypercalciuria, hypercalcemia and nephrocalcinosis from giving unusual vitamin D and calcium supplements; pseudo or complete fractures from minimal trauma and prolonged immobility; and poor dental hygiene with early tooth loss.

## 10. Conclusion

HPP is a rare inherited dento-osseous metabolic disease characterized by inactivating mutations in the gene encoding TNSALP which lead to a deficiency in TNSALP enzymatic activity. Low TNSALP activity results in increased levels of PPi, PLP, and PEA. Accumulation of PPi impairs skeletal mineralization, causing rickets or osteomalacia despite normal or above-normal levels of calcium and inorganic phosphate. Although PLP levels are elevated, PLP is not dephosphorylated to PL, and therefore does not cross the blood-brain barrier or enter cells where it is normally rephosphorylated to PLP or converted to pyridoxamine-5'-phosphate, to serve as cofactors in a variety of intracellular enzymatic reactions. We suggest to screen for HPP by taking detailed history and ordering blood work in patients reported with low TNSALP. This systematic review with novel approach and a case report should raise awareness among health care providers regarding low TNSALP and performing thorough etiological investigations which can ensure optimal clinical care and decision making for their patients by preventing complications like chondrocalcinosis, arthritis, early tooth loss, pseudo/complete fractures and pseudogout among the patients diagnosed even later in their life.

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