



Evaluation of the Methanolic Rhizome Extract of *Anchomanes difformis* for Analgesic and Antipyretic Activities

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Abstract

Objectives: To evaluate rhizomes extract of *Anchomanes difformis* (extract) for analgesic, antipyretic and local anesthetic activities.

Methods: Extract was prepared by cold maceration in 70% methanol. Oral acute toxicity was evaluated and LC50 determined. Extract at 100, 250, 500 and 1000 mg/kg was tested against Sodium pentobarbital (SPB)-induced narcosis, acetic acid (AC)-induced abdominal constrictions, formalin-induced paw-licking (FIPL) and brewer's yeast-induced pyrexia. Local anesthetic effect tested using twitch response test in guinea pig at 0.33, 0.66 and 1% extract.

Results: Mice tolerated extract up to 4000 mg/kg. LC50 was 589.13 ppm. Induction and sleeping times of SPB were significantly ($p < 0.05$) decreased at 500 and 1000 mg/kg and 250, 500 and 1000 mg/kg respectively compared with SPB. Abdominal constriction significantly ($p < 0.05$) decreased at 500 mg/kg compared with negative control. There was significant ($p < 0.05$) decrease in paw licking in both 1st and 2nd phases of FIPL at 250 and 500 mg/kg and 500 and 1000 mg/kg respectively compared with negative control. Rectal temperature significantly ($p < 0.05$) decreased at 1000 mg/kg 1 h post-administration compared with aspirin (100 mg/kg) and at 2 – 4 h compared with negative control. Local anesthetic effect was concentration-dependent.

Conclusion: The extract showed promising analgesic, antipyretic and local anesthetic effects.

Keywords: Analgesic, *Anchomanes difformis*, local anesthetic, pyrexia, sodium pentobarbital-induced narcosis.

1 Introduction

Pain is the most common reason for physician consultation worldwide [1]. It is a major symptom in many medical conditions, and can significantly interfere with a person's quality of life and general functioning [2]. Many non steroidal antiinflammatory drugs and opiate analgesics have been used over the years in the clinical management of pain, but they are not without serious side effects. Therefore there is the need for more effective and safer alternatives. Many plant preparations have been used especially in developing countries for management of pain syndromes and users of such preparations attest to their effectiveness, but surprisingly no scientific data exists for the effectiveness and safety of most of these preparations. Preparations of *Anchomanes difformis* is one of such. *Anchomanes difformis* is a tropical herb indigenous to Nigeria and Cameroun. It flourishes well in moist shady areas as occurs in southern parts of Nigeria [3]. Different parts of the plant are used for various conditions. The rhizomes are used as rubefacients and vesicants, whole plant as a powerful purgative and as antidote to poisons and the tuber as abortifacient, pain reliever and as laxative [4]. *A. difformis* extracts showed trypanocidal activity against *Trypanosoma brucei brucei* and *T. congolense* [5]. Aka *et al* [3] reported the presence of flavonoids, tannins and glycosides in the rhizome of *A. difformis*. Due to the various medicinal potential of different parts of this plant, the analgesic and antipyretic effects of the rhizomes of *A. difformis* were studied

2 Materials and methods

2.1 Plant material and extraction

The rhizomes of *A. difformis* were collected in August 2009 from Ichi in Oru west Local Government Area, Imo state Nigeria and were identified by Mr. A. E. Ozioko of the Biodiversity and conservation program Nsukka, Enugu state

Nigeria. A voucher sample (UN/BD.3950.09) was kept in the herbarium of Department of Botany University of Nigeria. The rhizomes were cut into smaller pieces and dried under shed at temperature range 25-27°C. The dried matter was pulverized to a coarse powder (mesh size, 1.00 mm). The coarse powder (200 g) was extracted by cold maceration in 70% methanol with intermittent shaking for 48 hours. The extract was filtered with Whatman No. 1 filter paper and concentrated *in vacuo* to dryness using rotary evaporator and will be referred to as the “extract” subsequently. The percent yield (w/w) of the extract was calculated using the formula below:

$$\frac{\text{Weight of the extracted material} \times 100}{\text{Weight of starting plant material}}$$

2.2 Animals

Adult male guinea pigs (178-205 g), white albino mice of both sexes (20-33 g) from the laboratory animal unit of the faculty of Veterinary Medicine, University of Nigeria Nsukka were kept in stainless steel cages and fed *ad libitum* with standard laboratory animal chow (vital feed®), except where fasting was required. They were maintained in accordance with the recommendation in the Guide for Care and Use of Laboratory Animals (DHH, NIH Publication No. 85-23, 1985). The experiments were conducted with the permission of the Institution’s Animal Ethics Committee.

2.3 Acute toxicity test

The up and down method [6] was used. Twelve mice fasted for 16 h were grouped into 6 of 2 per group and were dosed 300, 750, 1500, 3000, 3500 and 4000 mg/kg, b.w. of the extract. They were monitored for 24 h for signs of toxicity and mortality.

2.4 Brine shrimp lethality test (BSLT)

The effect of the extract on brine shrimps was evaluated using the method of McLaughlin *et al* [7]. Briefly, brine shrimp eggs were hatched in culture tank containing sea water under bright light for 48 h. Ten nauplii were counted into bijou bottles in triplicates and were incubated with graded concentrations of the extract (10, 100 and 1000 ppm) at room temperature for 24 h. The mean surviving nauplii was determined for each concentration of the extract and compared with that of the control. The result was analyzed using probit analysis (minitab for windows release 12.21) to determine the LC50 at 95% confidence interval.

2.5 Effect of the extract on sodium pentobarbital (SPB)-induced narcosis in mice

The effect of the extract on sleeping time was determined by intraperitoneal (IP) administration of SPB (35 mg/kg b.w.) alone to mice in group 1, Mice in groups 2-5 were treated with 100, 250, 500 and 1000 mg/kg b.w. of the extract *per os*, respectively 30 min before IP administration of 35 mg/kg, b.w. SPB to each. The induction time was calculated as the interval between SPB injection and loss of righting reflex, while sleeping time was calculated as the interval between the loss of righting reflex and time of regaining righting reflex for each mouse [8, 9].

2.6 Antinociceptive test

2.6.1 Effect of the extract on the acetic acid (AC)-induced abdominal constriction

The abdominal constriction test as described by Dambisya and Lee [10] was used to investigate the analgesic effect of *A. difformis*. Glacial AC (Sigma-Aldrich Laborchemikalien GMBH Germany) prepared as 0.7% (v/v) solution in distilled water (10 ml/kg, b.w.) was used to induce pain by IP route 30 min after pretreatment with either indomethacin or the extract. Group 1 mice were given 10 ml/kg b.w. distilled water *per os* and served as the negative control, group 2 received indomethacin (10 mg/kg b.w. *per os*), while groups 3-5 received the extract at 250, 500 and 1000 mg/kg b.w. *per os* respectively. The abdominal constrictions resulting from the administration of AC consisted of contraction of the abdominal muscles and stretching of the hind limbs [11]. The number of abdominal constrictions was counted for each mouse 5 min after administration of AC over a period of 30 min. the degree of antinociception was calculated using the formula described by Dambisya and Lee [10] as follows:

$$\left[\frac{(X - Y)}{X} \right] \times 100$$

Where X = mean number of constrictions by the negative control, Y = mean number of constrictions by any of the test groups.

2.6.2 Effect of the extract on formalin-induced paw licking (FIPL)

The paw licking and lifting test as described by Collen *et al* [12] was also used to investigate the antinociceptive effect of the extract. Twenty five white albino mice were divided into 5 groups of 5 and treated as follows: group 1 received 10 ml/kg b.w. distilled water and served as the negative control, group 2 received 10 mg/kg b.w. indomethacin and served as the positive control, while groups 3-5 received 250, 500 and 1000 mg/kg b.w. of the extract *per os* respectively. Formalin (50 μ l) (5%, 1.85% formaldehyde solution) was injected subcutaneously into the plantar surface of the right hind limb paw, 30 min post administration of drug and extract and the number of paw licking/lifting for each mouse was counted and recorded in two phases; first phase (0-5 min) and second phase (25-30 min).

2.7 Antipyretic effect

Effect of the extract on brewer's yeast-induced pyrexia (BYP)

The method described by Panthong *et al* [13] was adopted for the determination of antipyretic activity of the extract in mice. Pyrexia was induced in the mice (fasted for 18h, but had water *ad libitum*) by administration of 15% (w/v) of brewer's yeast in 0.9% saline solution at a dose of 10 mg/kg b.w. subcutaneously. Following the injection, the site was massaged in order to spread the suspension uniformly under the skin. The rectal temperatures of the mice were measured with thermometer (Panamedic Corporation, Cheonan Choongnam, Korea) before and 18 h after administration of brewer's yeast. Only mice that showed increased temperature not less than 0.5°C were selected for the test. Group 1 mice received 10 ml/kg, b.w. distilled water *per os*, group 2 received 100 mg/kg b.w. aspirin *per os*, and groups 3-5 received 250, 500 and 1000 mg/kg b.w. of the extract *per os* respectively. A latency period of 30 min was allowed before the rectal temperatures of the mice were recorded every hour over a period of 4 h.

2.8 Local anesthetic test

Twitch response test (TRT)

The local anesthetic effect of the extract was investigated using the method described by Anaga *et al* [9]. The lower back of a guinea pig was shaved 24 h before the test. Three different concentrations of the extract (0.33, 0.66 and 1%) and xylocain (0.033, 0.066 and 0.1%) were used. A volume of 0.25 ml each of the concentrations of the extract and xylocain were injected intradermally to form wheals. Therefore six different sites on the lower back of the guinea pig were used. Five minutes after the injection, the sensitivity of the site was tested by pricking lightly with a needle six times at each of the injection sites and as control; a site far away from injection sites was pricked. The response at the site of injection indicated the degree of desensitization which was expressed as the number of negative responses i.e. of failure to twitch; 6/6 indicates maximum anesthesia while 0/6 indicates no anesthesia. The test was repeated at 5 min intervals for a period of 30 min after the injection. The total score for each group was summed up and expressed as the total number of negative responses out of the 36 possible responses and expressed as percent anesthesia.

2.9 Statistical analysis

Data obtained were presented as mean \pm standard error of mean and analyzed using one way analysis of variance. Variant means were separated post hoc using Duncan multiple range test and significance was accepted at $p < 0.05$. Percentages were also calculated where necessary.

3 Results

3.1 Extract yield, acute toxicity and LC50

The methanol rhizome extract of *Anchomanes difformis* yielded 2.59% w/w dry matter. Mice tolerated the extract up to 4000 mg/kg, b.w. which was the highest dose used for acute toxicity, but there was inappetence, CNS depression and clustering together. Brine shrimp lethality test as shown in table 1, gave the LC50 of the extract to be 589.13 ppm at 95% confidence interval.

3.2 Effect of extract on SPB-induced narcosis

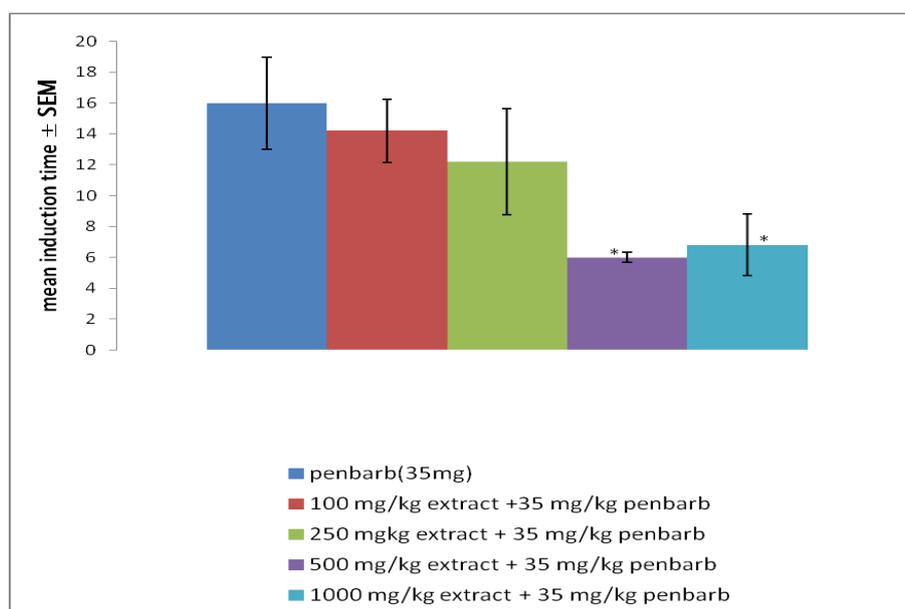
The effect of the extract on SPB-induced narcosis is presented in figs.1 & 2 respectively. Induction time of SPB was significantly ($p < 0.05$) decreased at 500 and 1000 mg/kg, b.w. of the extract when compared with SPB alone. More so

the sleeping time was significantly ($p < 0.05$) increased at 250, 500 and 1000 mg/kg, b.w. of the extract compared with SPB alone.

Table 1: Effect of the methanol extract of the rhizomes of *A. difformis* on brine shrimps

Groups	No. dead	No. alive	% mortality
A 1	Nil	10	0
2	nil	10	
3	nil	10	
B 1	Nil	10	0
2	nil	10	
3	nil	10	
C 1	2	8	13.3
2	1	9	
3	1	9	
D 1	8	2	93.3
2	10	nil	
3	10	nil	

A: sea water, B: extract (10 ppm), C: extract (100 ppm), D: extract (1000 ppm)



* significant ($p < 0.05$) compared with penbarb (sodium pentobarbital 35 mg/kg)

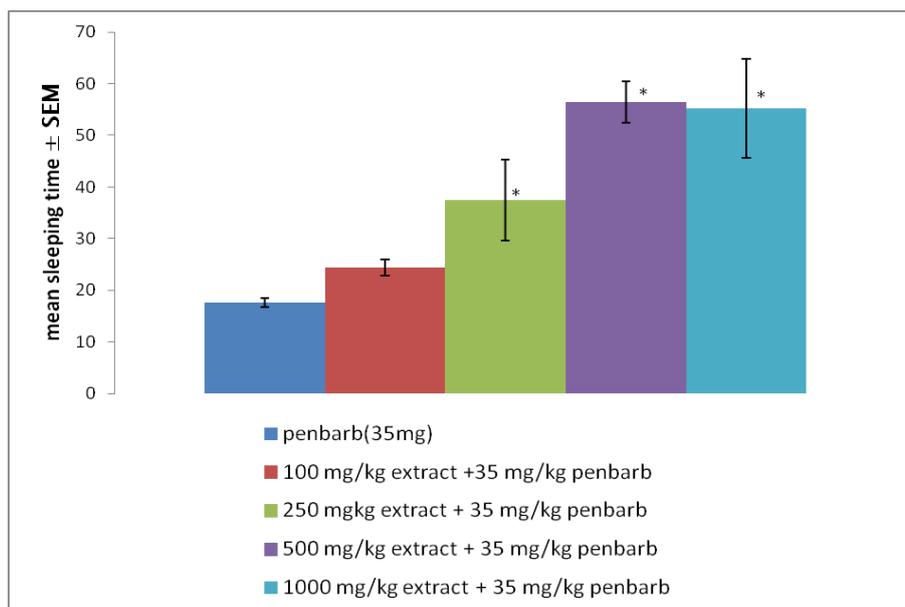
Fig.1: Effect of the methanol rhizome extract of *A. difformis* on induction time of sodium pentobarbital in mice

3.3 Effect of extract on acetic acid-induced abdominal constriction

The effect of the extract on the Acetic acid-induced abdominal constriction as presented in table 2 showed that 500 mg/kg b.w. of the extract significantly ($p < 0.05$) decreased the number of abdominal constriction when compared with the negative control. However there was no significant ($p > 0.05$) difference between 10 mg/kg indomethacin and 500 mg/kg b.w. extract.

3.4 Effect of extract on formalin-induced paw licking/lifting

The extract at 250 and 500 mg/kg, b.w. significantly ($p < 0.05$) decreased the number of paw licking and lifting in the first phase (fig. 3) of formalin-induced nociception when compared with the negative control, while in the second phase (fig. 4), 500 and 1000 mg/kg, b.w. extract significantly ($p < 0.05$) decreased the number of paw licking and lifting compared with the negative control. In both phases there were no significant ($p > 0.05$) difference between the effective doses of the extract and indomethacin (10 mg/kg). The degree of antinociception is presented as percentages in table 3. It shows that the extract at 500 mg/kg in both phases produced the strongest effect (60 and 97% respectively) compared with indomethacin (33 and 76% respectively).



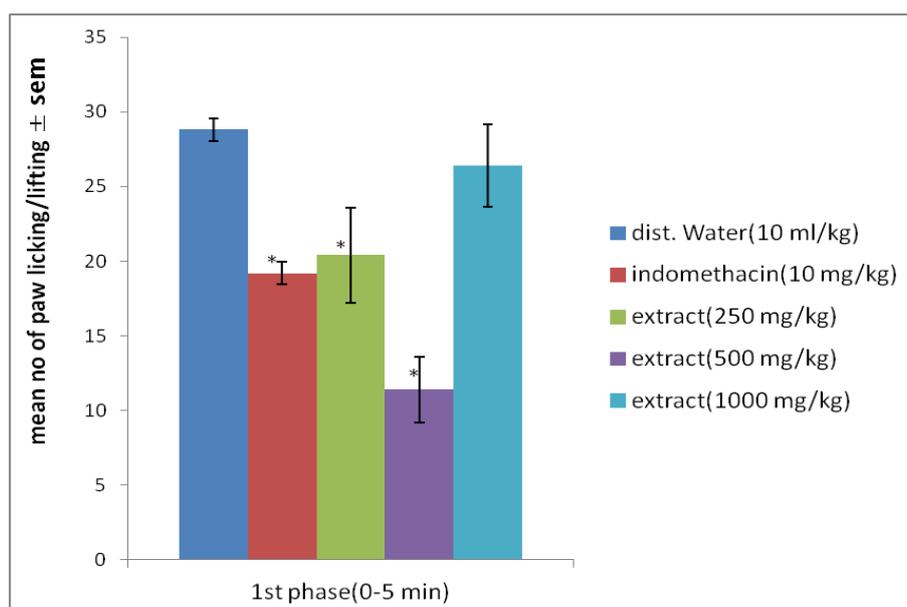
* significant (p<0.05) compared penbarb (sodium pentobarbital 35 mg/kg)

Fig.2: Effect of the methanol rhizome extract of *A. difformis* on the sodium pentobarbital-induced sleeping time in mice

Table.2. Effect of the methanol rhizome extract of *A. difformis* on acetic acid-induced abdominal constriction in mice

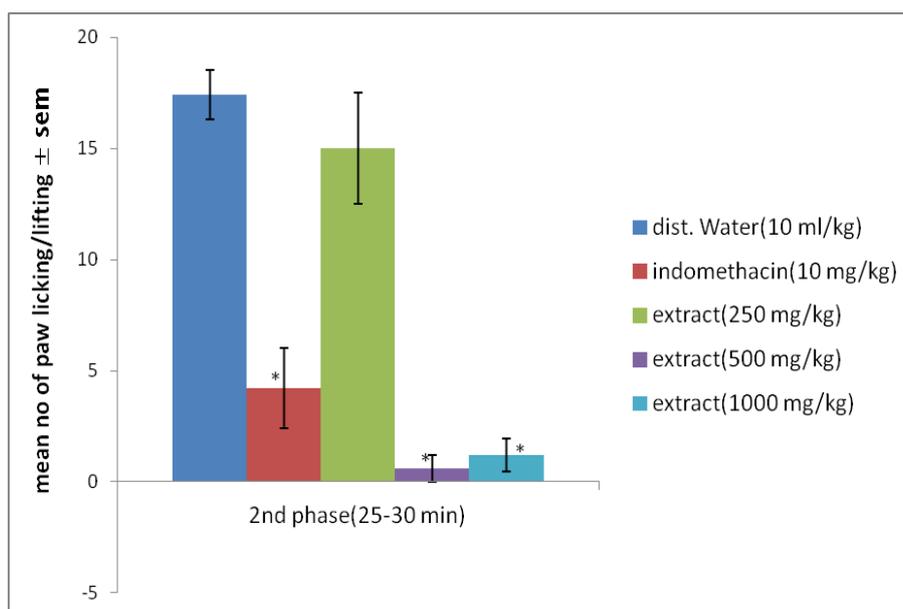
Groups	Mean number of abdominal constrictions	% inhibition of abdominal constrictions
A(10 ml/kg b.w. dist. Water)	67.00±11.48	0.00
B(10 mg/kg b.w. indomethacin)	32.80±4.19*	51.00
C(250 mg/kg b.w. extract)	53.40±9.70	20.30
D(500 mg/kg b.w. extract)	41.20±2.06*	38.51
E(1000 mg/kg b.w. extract)	48.40±4.07	27.76

Mean ± SEM* is significant (P<0.05) compared with 10 ml/kg distilled water.



* significant (p<0.05) compared with 10 ml/kg dist. water

Fig.3: Effect of the methanol rhizome extract of *A. difformis* on the first phase of formalin-induced nociception in mice



* significant ($p < 0.05$) compared with 10 ml/kg dist. water

Fig.4 Effect of the methanol rhizome extract of *A. difformis* on the second phase of formalin-induced nociception in mice

Table 3 Percentage inhibition of formalin-induced nociception in mice

Groups	Percentage inhibition of paw licking	
	1st phase	2nd phase
10 ml/kg dist. water	0.00	0.00
10 mg/kg indomethacin	33.00	76.00
250 mg/kg extract	29.00	14.00
500 mg/kg extract	60.00	97.00
1000 mg/kg extract	8.00	93.00

3.5 Effect of extract on brewer's yeast-induced pyrexia

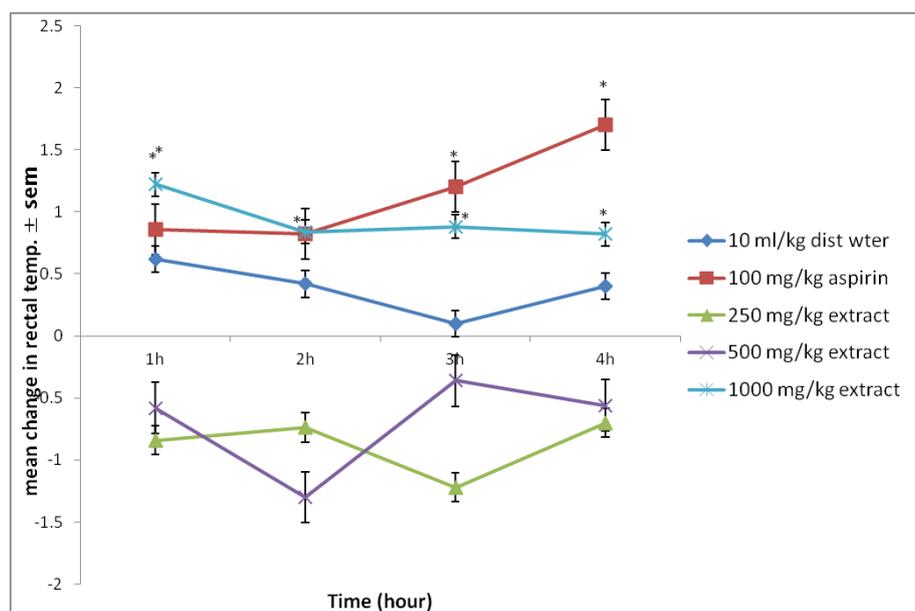
Figure 5 shows the effect of the extract on brewer's yeast-induced pyrexia. It shows that 1000 mg/kg b.w. significantly ($p < 0.05$) decreased rectal temperature 1 h post-administration when compared with both 10 ml/kg distilled water and 100 mg/kg aspirin. There was also significant ($p < 0.05$) decrease in the rectal temperatures at 2, 3 and 4 h when compared with 10 ml/kg distilled water.

3.6 Effect of extract on the twitch response test in guinea pig

In the twitch response test (table 3), the extract produced a concentration-dependent local anesthetic effect, however xylocain at one tenth the concentration of the extract was more effective.

Table.4: Local anesthetic effect of the methanol rhizome extract of *A. difformis* in guinea pig

Concentration (%)	Percent local anesthesia
Xylocain (0.033)	86.11
Xylocain (0.066)	88.89
Xylocain (0.1)	100.00
Extract (0.33)	22.22
Extract (0.66)	27.78
Extract (1)	50.00



* significant ($p < 0.05$) compared with 10 ml/kg dist. Water, ** significant ($p < 0.05$) compared with 100 mg/kg aspirin.

Fig.5: Effect of the methanol rhizome extract of *A. difformis* on the brewer's yeast-induced pyrexia in mice

4 Discussion

Here we showed that the methanol extract of the rhizome of *A. difformis* has wide safety margin as there was no mortality in mice dosed with the extract up to 4000 mg/kg b.w. *per os*. The extract was also shown to contain potent bioactive principles as the LC50 was found to be 589.13 ppm, therefore the EC50 was approximated to be one tenth of the LC50; (58.91 ppm) [7]. The effect of the extract on the SPB-induced narcosis showed that the extract enhanced the effect of SPB as it significantly reduced the induction time of SPB at the doses of 500 and 1000 mg/kg, b.w. and significantly prolonged the sleeping time at the doses of 250, 500 and 1000 mg/kg b.w. This shows that the extract depresses the CNS and possibly like SPB enhances the action of GABA in the CNS [14]. Pain represents a series of reactions which include specialized and non-specialized tissue, psychological and cognitive reactions to painful stimuli [15]. Pain can be differentiated into visceral and somatic types for purpose of studying antinociceptive activity [16]. Visceral pain is perceived as a diffuse and burning sensation, while somatic is localized and sharp. Acetic acid-induced abdominal constriction is used to evaluate superficial and visceral pains [17]. It has also been used to screen for both peripheral and centrally acting analgesics. The abdominal constriction is associated with the sensitization of nociceptors to prostaglandins [18]. The number of abdominal constriction reflects the intensity of the pain, thus the higher the number of abdominal constriction, the higher the intensity of the pain and vice versa. The significant reduction in the number of abdominal constriction at 500 mg/kg b.w. of the extract suggests that the extract is capable of reducing the sensitivity of nociceptors to prostaglandins. Injection of formalin into the planter surface of the hind paw induces a biphasic pain response; the first phase is marked by paw lifting or licking and lasts for about 5 min and arises as a result of chemical stimulation of nociceptors [12]. The mediators involved are substance P and bradykinin. There is a transient decrease in this behavior and then the second phase which lasts about 30 min follows. The second phase is proposed to result from activity-dependent sensitization of CNS neurons within the dorsal horn and histamine and prostaglandins have been implicated as mediators involved [12]. Many analgesics, including non-steroidal antiinflammatory drugs, morphine, and gabapentin inhibit only Phase II responses while local anesthetics inhibit phase I [12]. The number of paw licking/lifting reflects the intensity of the pain response, the higher the number of paw licking/lifting, the higher the intensity of the pain. The reduction in the number of paw licking/lifting at 250 and 500 mg/kg of the extract in the first phase suggests that the extract is capable of inhibiting painful stimuli emanating from chemical stimulation of nociceptors. At the second phase of the formalin-induced nociception, the extract exhibited a more dramatic decrease in the number of paw licking/lifting at higher doses of 500 and 1000 mg/kg b.w. and these effects were higher than that of indomethacin (10 mg/kg b.w). This effect suggests that the extract was capable of desensitizing the CNS neurons within the dorsal horn and is consistent with the effect of the extract on the SPB-induced sleep, were there was enhanced depression of the CNS. The result also suggests inhibition of histamine and prostaglandin as inflammatory mediators. Fever is usually sequelae to tissue injury, inflammation or infection. Fever occurs when there is a disturbance of the hypothalamic heat regulatory center due to production of prostaglandin E in the hypothalamus [14]. The extract at the

highest dose used (1000 mg/kg, b.w) progressively decreased the brewer's yeast-induced pyrexia throughout the period of the experiment, indicating active inhibition of prostaglandin E production in the hypothalamus. Local anesthetics act by blocking the initiation and propagation of action potentials by preventing the voltage-dependent increase in Na⁺ conductance in two ways; by acting non-specifically on membrane through surface active effect and by specifically plugging Na⁺ channels [14]. The extract produced a concentration dependent local anesthetic effect, indicating membrane stabilizing effect and possibly inhibition of Na⁺ channels.

5 Conclusion

Our study shows that the methanol extract of the rhizome of *A. difformis* has promising analgesic and antipyretic properties acting peripherally possibly through inhibition of prostaglandins and centrally in the CNS. The extract also showed local anesthetic effect. These properties of the extract validate its use as analgesic in Nigeria.

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